North Carolina Collaborative for Children, Youth, and Families

May 27, 2011 9:00 am to 11:00 am Meeting Minutes

LOCATION: National Center for Child Traumatic Stress Training Room

North Carolina Mutual Life Insurance Company Building

411 West Chapel Hill Street, Suite 200

Durham, NC 27701 http://www.nccollaborative.org

Name/Affiliation		Name/Affiliation		Name/Affiliation	
Gary Ander, Alamance DSS		Johna Hughes, UNC-CH/SW		Alicia Sellers, Nat't Ctr Child Trauma. Stress	
Daniel, Garson-Angert, DPH		Kathryn Hunsucker, SOC Coord, Onslow- Carteret LME		Joe Simmons, NC DPI EC	х
Sheila Bazemore, NC DPI Off School Readiness		Sonia Johnson, Bladen Co. Family Partner		Liz Snyder, Duke Univ	
Kimberly Blackshear, Ntl Ctr Child Traum. Strss	х	Hope Jones DMHDDSA		Alicia Spain, Beacon Center(LME)	-
Andrew Behnke, NCSU, Coop.Ext.		Libby Jones, NC Families United, Parent, Co- Chair	Х	Kurt Stephenson, AOC	
Jonathan Best, NCMHCD		Linda Jones Alamance DSS	Х		
		Trishana Jones, DOA,YA&I		Leslie Starsoneck, Ctr/Child & Family Health	†
Emily Jackson, DSS		Catherine Joyner, DPH-CMPCT	х	Chary Sundstrom, NC School Psych. Assn.	†
Janine Britt, SE Regional LME		Narell Joyner, Meck Cares SOC State Liaison		Linda Swann, Sandhills NAMI/NC	+
June Britt, Office of Educ. Services, DHHS				Alma Taylor, DVR	+
Ric Bruton, SOC Coord.,AC LME		Keith Letchworth, ECU		Angela Taylor, DJJDP	+
Jamal Carr, DJJDP		Andrea Lewis, DCD		Katie Tise, CCFH	+
Nancy Carter, SAYSO, ILR, Inc.	х	Mary Lloyd, Family Partner		Jeffery Watson, DOA, YA&I	+
Brendon Comer, Gateway College		Martha Lowrance, DOA,YA&I		Rebecca Wells, UNC-CH/SPH, Co-Chair	х
Jackie Copeland, Crossroads LME		Jennifer Mahan, ASNC	Х	Jerry Wilkinson, DPH, Part C B-2 yrs	+
Gail Cormier, NC Families United	х	Gerri Mattson, DPH		Connie Windham, Alamance Alliance	+
Kiesha Crawford, AOC		Erin McLaughlin		Monique Bethel Winslow, DPH	+
Rodney Crooms, DRNC		Angela Mendell, Bladen County SOC	х	Rick Zechman, DSS	х
Lana Dial, AOC/CIP		Chris Minard, Healthy School -DPI		Marla Satterfield, NC Ctr Excellence for Inte.Care	†
Beth Glueck, Center of Excellence		Tara Minter, DOA			+
Damie Jackson-Diop, NC Families United, Youth M.O.V.E.	х	Mary Neil Morris SE Regional LME		GUESTS:	
Angel Dowden, NC DPI Special Projects		Stephanie Nantz, DOA/YA&I		Laura Reinhard, ASNC	
Dean Duncan, UNC-CH Sch SW		Mark O'Donnell, DMHDDSAS		Carrie Purbeck, NCTSN	†
Jeff Eads, CenterPoint		Martin Pharr, DJJDP (Judy Stevens)		Brittany Holt, NCFU, Youth MOVE	†
Linda Evans, Moore County Schools		Tiffany Price, UNC SW		Johanna Chase, DPI	†
Maria Fernandez, DMHDDSAS		Deborah Prickett, 21 st Century Comm. Learning		Katie Biggerstaff, NC CAP	
Alex Fonville, Five County COG SOC Coordinator		Tiffany Purdy, Beacon Center (LME)		Dorothy Smith	†
Kirstin Frescoln AOC		Kay Paksoy, NASW-NC			†
Terri Grant, CSFT LME Coord,,Durham Ctr		Heather Reynolds, NC DPI / PBIS	Х		†
Kelly Graves, CYFCP UNC-G		Frank Rider, FFCMH			†
Iris Green, DRNC		Susan E. Robinson, DMHHDSAS			+
Cynthia Daniels Hall, NAMI		Joel Rosch, Duke Univ CCFP			
Ann Hancock,LME		Jennifer Rothman, NAMI-NC	Х		+
Melissa Hill, NASW-NC		Lisa Salo, SOC Coord, Guilford Center			+
Judy Holland, Ntl Ctr for Child Traum. Stress		Paul Savery, DMH/DD/SAS	Х		+
				List updated 3-4-11	

May 27, 2011			
1. Welcome & Introductions			
2. Approval of minutes from	Please pass requested meeting minute edits to Courtney Cormier at		
5-13-2011 meeting	Courtney.e.cormier@gmail.com		
3a. Discussion Topics/ Presentations	The collaborative agreed by consensus to approve \$25,000 from Online		
• •	training will go toward a match for a possible federal grant to build NC's		
	System of Care capacity.		
	Donna Potter, LCSW, Center for Child and Family Health and Duke U. Medical		
	Center presented on treatment options for helping children who have		
	experienced trauma , with a particular focus on reactive attachment disorder.		
	Donna discussed the symptoms and hypothetical causes of Reactive		
2h Participant and Partner Undates	Attachment Disorder, which is actually extremely rare. It often stems from		
3b. Participant and Partner Updates			
3c. Agenda Items for Future Meetings	neurobiological defects due to a complete lack of access to primary care giver		
Sc. Agenda Items for Future Meetings	in the first 2 years of life. She also discussed the correlation between preverbal		
	trauma and development of conduct disorder as a school-age child and		
	personality disorder as an adult due to the release of additional/deregulation		
	of stress hormones causing an increase in anxiety.		
	Ms Potter stated that there is a problem with misdiagnosing children which		
	•		
	leads to a cycle of maltreatment, child deregulation, negative caregiver		
	construal of child behaviors, and a subsequent spiral of worsening child		
	behavior and caregiver rejection.		
	Gail Cormier noted that NCFU has received several inquiries from caregivers		
	who have been told to send their children to "RAD" facilities in Arizona. Donna		
	Potter stressed the risks in these "treatments," citing several examples of		
	malpractice. She also advocated for the promotion of evidence-based theory		
	and stressed the risks of misdiagnosing and "coercive" treatments having		
	damaging effects.		
	Donna outlined evidence-based practices, such as Attachment and		
	Biobehavioral Catch-Up (ABC), Child Parent Psychotherapy (CPP), Parent Child		
	Interaction Therapy (PCIT), Trauma-Focused Cognitive Behavioral Therapy (TF-		
	CBT), Coping Power Program, Multi-Systemic Therapy (MST), and Structured		
	Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS), all of		
	which can be found on her power-point presentation.		
	Misinformation and non-evidence based practitioners include:		
	Attach.org		
	RADkids.org		
	Katherine Leslie (aka Dr. Mom)		
	Tracy Turner		
	<u>Love and Logic</u> by Foster Cline and Jim Fay		
	She also discussed the broken mental health system in NC and proposed that a		
	possible solution could be working with NAMHI to partner support groups for		
	foster parents with FASD support groups since many children diagnosed with		
	Jeste. parents with 17.02 support groups since many children diagnosed with		

There will be a training in Winston-Salem on attachment and foster care on June 16 (deadline to register is June 9). More information can be found http://www.cphs.org/pdf/FridayEmails/2011 04 01/RAD.pdf

The collaborative stated a need and called for a list of state-wide resources of those with proper training and approved therapists. NC child treatment program has a list of those who have been trained and walked through a complete case with a qualified trainer.

There was a conversation about a letter of support from collaborative for more training which will be an ongoing discussion and added to the agenda of future collaborative meetings. *Value Options

If you need something, be sure to state your specific need to Ms. Potter and she would be happy to support you:

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Former DMHDDSAS medical director Mike Lancaster, MD provided an update that day on the **integration of mental health and primary care** within Community Care of North Carolina (CCNC). mlancaster@n3cn.org

Today, there are 1.4 million Medicaid enrollees and this number will increase by 700,000 when reform is complete. How will we provide treatment to all the patients seeking treatment when everyone will have access to mental health in 2014 through healthcare reform? A salient health concern for the disproportionate number of children seeking mental and behavioral health treatment is substance abuse.

In general, psychiatrists are typically initiators of psychotropic medications—primary care physicians only re-prescribe medications, raising questions of when it is time to get a re-evaluation. Primary care often does not have enough information to calibrate these medications.

Dr. Lancaster cited motivational interviewing as a necessary part of the clinical paradigm shift.

There are 14 community care networks around the state, which, unfortunately, do not overlap with the 23 LMEs. There are over 4,000 primary care physicians in the network who are required to follow quality and initative quidelines. This results in better outcomes than most HMOs. The network also

employs care managers to help practices navigate complex cases.

Mr. Lancaster stated the need for the networ to save \$90million (with progress seen by October) or funding can be cut from hospitals and providers by up to 2%.

1/3 of the most expensive patients have serious mental health diagnoses, yet have no mental health services. This raises the question if treating their mental health would lead to better overall health in these patients. 83% of the most expensive patients have no case management. How do we connect them to this system? Motivational interviewing engages consumer in a way to meet people where they are. Most people are resistant about what they are prescribed and told by a doctor, which leads to further problems.

The network provides all day training for motivational interviewing with a follow up every month with technical assistance and training/ coaching.

The network psychiatrist serves as a liaison to collaborate working relationships with local management entities (LMEs) and is a resource for primary care physicians.

He also noted that most doctors want help with diagnosing with depression.

Minutes by Courtney Cormier Next meeting 6-10-11

6/10: Child and Family Services Plan (Emily Jackson and Rick Zeckman)

6/24: sharing by local systems of care (Five County CC and Mecklenburg CC) on how they are addressing key issues they face – Hope Jones share SOC synopsis from state perspective

7/08: youth presentation

7/22: CHIPRA Connect project (Marla C. Satterfield); Alamance County Youth Advisory Council (Ric Bruton); Preparing to revisit strategic priorities – how the landscape has changed

8/12: Revisit current strategic priorities

8/26: DMHDDSAS on children with sight/hearing impairments (Brad Trotter and Deidre); PBIS report (Heather Reynolds)

9/9: Revisit current strategic priorities

9/23: Data sharing session (could include NCTOPPS); maybe MRS evaluation

10/28: possible: Multiple Response System evaluation (Nicole Lawrence & Holly McNeill)

Work Group & Partner Updates

- Training and T/A,
- Martha Lowrance & Mark O'Donnell
- School-Based Behavioral Health Keith Letchworth & Susan Robinson
- Youth in Transition
 Lana Dial & Trishana Jones

- 2nd Friday after NC Collaborative mtg. @ Duke
- 4th Friday after NC Collaborative mtg. @ Duke
- 2nd Wednesday from 2 4 PM @ NC Judicial Center