MINUTES: NCCCYF School-Based Behavioral Health Work Group FACILITATORS: Keith Letchworth/Susan Robinson LOCATION: Durham, NC

DATE: 02-25-11 11:15 a.m. **START TIME:** END TIME:

11.15	a.m.
1:00	p.m.

Name/Affiliation	E-mail Address		Name/Affiliation	
PARTICIPATING MEMBERS		J	LISTSERV	J
June Britt, Office of Educational Services, DHHS	June.Britt@dhhs.nc.gov		Glenda Clare, Fragile Families Network	
Johanna Chase, DPI	jchase@dpi.state.nc.us		Brian Clougherly, LPC	
Gail Cormier, NC Families United	gcormier@triad.rr.com	J	Maria Fernandez, DMHDDSAS	
Rodney Crooms, Disability Rights NC	Rodney.crooms@disabilityrightsnc.org		Damie Jackson-Diop, NCFU	
Teka Dempson	teka15demp@yahoo.com		Jane Miller, DPH	
Angel Dowden, DPI	adowden@spi.state.nc.us		Connie Parker, NCSCHA	
Linda Evans, Moore County Schools	lievans@ncmcs.org	J	Angela Quick, DPI	
Daniel Garson-Angert	Daniel.Garson-Angert@dhhs.nc.gov	J	Rebecca Reeve	
Jessica Gerdes, DHHS	Jessica.Gerdes@dhhs.nc.gov	J	Carolyn Sexton, DPH, DHHS	
Jan Hood, Liaison Pamlico Child & Family Support Team, ECBH	jhood@ecbhlme.org		Pat Solomon, NC Families United	
Kathryn Hunsucker, Onslow Behav- ioral Health	kathryn_hunsucker@ocbhs.org		Chary Sundstrom, NCPSA	
Libby Jones, NCCCYF Co-Chair	ljones3@bellsouth.net		Cathy Waugh, NCSSWA	
Linda Jones, Alamance SOC	Linda.jones@alamance-nc.com		Tyler Truett, Youth MOVE	
Keith Letchworth, ECU	letchworthj@ecu.edu	J	Carol Tyson, Div. of Public Health	
Chris Minard, DPI	cminard@dpi.state.nc.us			
Mary Neil Morris SE Regional LME	mmoris@semhc.org			
Mike Palanza, WHAT	mikepalanza@whatswhat.org			
Martin Pharr, DJJDP	Martin.Pharr@ncmail.net			
Heather Reynolds, PBS, DPI	hreynolds@dpi.state.nc.us	J		
Susan E. Robinson, DMHHDSAS	Susan.Robinson@ dhhs.nc.gov	J		
Jennifer Rothman, NAMI/NC	jrothman@naminc.org			
Paul Savery, DMHDDSAS	paul.savery@dhhs.nc.gov	J		
Joe Simmons, DPI	jsimmons@dpi.state.nc.us	J		
Patti Simpson, Granville Co. Schools	simpsonp@gcs.k12.nc.us			
Katie Tise, Center for Child & Family Health	katie.tise@duke.edu			
Rebecca Wells, NCCCYF Co-Chair	rwells@unc.edu			
Guests:				
Submit member list edits to	letchworthj@ecu.edu		List updated 02-21-11	

ITEM	DISCUSSION/FINDINGS	Action by Whom and When
(1) Welcome & Introductions		Everyone present introduced themselves.
(2) School Based Mental/ Behavioral Health Survey Update	Dan Garson-Angert, Div. of Public Health, reported that there has been about a 30% return rate for the school mental health survey. About 70% of the school based/linked health centers have responded. Dan is developing more in- depth survey of school based/linked health centers to get a better picture of the mental health services they are providing.	Everyone is encouraged to make sure your school system responds to the school mental health survey. The link is <u>http://www.zoomerang.com/Survey/U2HEPYFRVD8G</u> . If you have questions, contact Chris Minard, DPI, at <u>cminard@dpi.state.nc.us.</u>
(3) Statewide Strategic Plan Follow-up	Discussion centered on the role of the School Based Behavioral Health Work Group. The question was raised: Is the group just an information sharing group (which is helpful) or a task oriented group?	After much discussion, it was decided by action that the work group is a task oriented group that also shares information. Susan Robinson , DMHDDSAS, pointed out that the strategic plan provides a blueprint for tasks to be accomplished.
(a) Public Awareness	 Gail Cormier, NC Families United, informed the work group of an excellent opportunity to promote children's mental health. May 3, 2001, is Children's Mental Health Awareness (CMHA) Day. NC Families United and NC NAMI are coordinating the activities in North Carolina. Local organizations are responsible for organizing activities in their communities. Domino's Pizza has agreed to put a "talking points" flyer about children's mental health on each box. Local organizations can contact Domino's Pizza in their areas to arrange for this. Guilford County Schools are encouraging staff to were green on May 3, the color designated for CMHA. A conference call will be held on March 3 to discuss various activities and next steps. 	It was decided that one of the tasks of the work group is to promote awareness of good mental health, the mental health problems of children, youth and families and ways to address those problems. Information about Children's Mental Health Awareness Day in NC can be found at <u>www.nccradletocareer.org</u> . Work group members are encouraged to send information for the "talking points" flyer to Gail Cormier at gcormier@triad.rr.com.
	Another aspect of public awareness in the strategic plan is providing information on school mental health programs throughout the state. Keith Letchworth, ECU, has collected information on 5 programs. Three to 5 programs will be added each month.	Information on the 5 programs in Chatham, Greene, Scotland, Wake, and Watauga Counties will be available on <u>www.sharedwork.org</u> and <u>www.nccollaborative.org</u> in the section on School Based Behavioral and Mental Health.
(b)Student Mental Health Screening Tool	Heather Reynolds, DPI, pointed out that the need for a good student mental health screening tool to be used by teachers had been expressed in different settings. Linda Evans, Moore County Schools, conferred that such a tool could be instrumental in helping children before significant problems develop, especially for the students who do not exhibit external disruptive behaviors. Keith Letchworth, ECU, shared that he had gathered some information on screening tools for a presentation to school nurses.	 It was decided that the work group would focus on finding, developing or refining a screening tool that would be easy to use and would help identify children before behaviors presented severe problems. (1) Keith Letchworth will share information he has gathered with the work group. (2) Work group members will check with people in their networks to see if anyone uses an easy screening tool. (3) Linda Evans will ask some teachers about what they think are some questions that can be asked as indicators. She will also talk with her principal about piloting such a screening tool if it is developed. (4) Information will be shared before the next meeting and the work group will have that as an agenda item. (5) Dan Garson-Angert will include questions about screening and tools used in the survey of school based/linked health centers.

(c) Goal 4 – Shared outcomes & data (4) Lessons	Susan Robinson, DMHDDSAS, pointed out that having a screening tool fit in with a component of Goal 4 in the strategic plan: Identify "top ten" common or most meaningful profile markers for behavioral health of students and families. Keith Letchworth, ECU, distributed a summary	Work group members are encouraged to consider what they have found, through experience and/or the literature, about markers for positive behavioral health of students and families to be shared with the work group and discussed at the next meeting. Work group members are encouraged to share the
Learned from Youth Representa- tives	of the comments from the youth presentation at the January meeting. (See attached) He posed the question, "What are we going to do with the valuable input that we received from the youth?"	summary with fellow professionals and determine how to be use the input in planning services, advocating, and promoting policy. Susan Robinson, DMHDDSAS, proposed the idea of an educational module that can be used by a local team comprised of a youth, a family member and a school staff person anywhere in the state. This module would have a presentation guide, talking points, resources, etc. that can be easily used by a local team at schools, policy board meetings, and meetings of local advocacy groups as well as statewide meetings. Discussion on developing such a module will continue at the next meeting.
(5) Next Meeting		Friday, March 25, 2011 11:15 a.m. – 1:00 p.m.
(6) 2011 Scheduled Meetings	All meetings are from 11:15 – 1:00 unless otherwise noted. All meetings immediately follow the 9:00 meeting of the NC Collaborative on Children, Youth and Families and will be held at the same location.	Friday, January 28Friday, June 24Friday, February 25Friday, July 22Friday, March 25Friday, August 26Friday, April 29Friday, Sept. 23 (?)Friday, May 27Friday, October 28

16th Annual Conference on Advancing School Mental Health September - 22-24, 2011 Charleston, SC

Mark the dates on your calendars!