

GRATITUDE Challenge

#1 What are you most grateful for today?

#2 What technology are you grateful for?

#3 What food are you most grateful for?

#4 What memory in life are you most grateful for?

#5 What item in your home are you most grateful for?

#6 What in nature are you most grateful for?

#7 What book are you most grateful for?

#8 What lesson in life are you most grateful for experiencing?

#9 What place have you traveled to that you are most grateful for?

#10 What are you most grateful for in your childhood?

#11 What movie are you most grateful for?

#12 What 3 people in your life are you most grateful for?

#13 What season of the year are you most grateful for?

#14 What rejection in life are you most grateful for?

#15 What about your body are you most grateful for?

#16 What band are you most grateful for?

#17 What about your job are you most grateful for?

#18 What trait do you have that you are most grateful for?

#19 What splurge item do you own that you are most grateful for?

#20 What are you most grateful for in your daily life?

#21 What small item that you use daily are you most grateful for?

#22 What Thanksgiving memory are you most grateful for?

#23 What use of your phone are you most grateful for?

#24 What about social media are you most grateful for?

#25 What are you most grateful for in your city?

#26 What meal did you have today that you are most grateful for?

#27 What are you most grateful for in your country?

#28 What about your home are you most grateful for?

#29 What bill are you most grateful to be able to pay?

#30 What experience this month are you most grateful for?

<http://pickingdaisiesblog.com/gratitudechallenge/>